

ETSU Conference 2009 "Green Means GO!"

Using music and movement to help children explore, expand and understand their world, by Katherine Dines

Katherine Dines (www.hunktabunkta.com) is a songwriter, recording and teaching artist who performs throughout the world. She has worked with parents, caregivers and educators since 1992. To date she has created 10 award-winning cd's in the acclaimed series known as Hunk•Ta•Bunk•Ta® MUSIC. Her songs have been Grammy nominated; licensed by Disney, Hallmark, and Build-A-Bear Workshops; featured on major airlines, and can be heard regularly on XM satellite radio. For more information on her songs, workshops, or keynotes, call 888/663-7122, or e-mail kdines@hunktabunkta.com

Songs from today's workshop can be found on these 5 cds:

Hunk-Ta-Bunk-Ta® BOO; BOO-2; CHANTS; GNU; SPOOKY. All 10 Hunk-Ta-Bunk-Ta® cds and activity guides are at Northside Music and Authors' booth.

1. How Do I Start?

A. "If you walk you can dance; if you can talk you can sing." Zimbabwean proverb. NOTHING else matters-- except discovering what is comfortable for YOU!

2. Simple and Small.

A. Create or read a simple phrase. Say it several times quietly then aloud. PLAY with it. Consider possibilities:

- 1) Practice it several different ways
- 2) Discover how it "feels" best to YOU
- 3) What YOU might DO with it... the layers
- 4) Encourage children to create and perform.

"Grow, grow, grow. Go, go, go." "Dark Dark Night"

A. Small group activity. Each group creates a short chant/phrase using numbers, letters, shapes or sounds, and adds movement. LISTEN w/eyes closed.

3. Warm Up.

A. Prepare for music. Call to action.

- 1) The environment
- 2) Socially

B. ANY music will do- the more rhythmic the better.

Drum Songs - Small/large group activity. Walk/move rhythmically through entire space; nod to one another;

meet/greet everyone by name, sound, emotion, color, shape, movement, etc.

4. Global Brains

A. Using ALL the dynamics in the sounds around us and in ANY language can ignite synapses and thicken dendrites-- which paves the way for greater intelligent and awareness of a larger—more global world.

B. Start simply and small, then add dynamics and layers of learning.

1) Pitch (high/low); Volume (loud/soft); Tempo (fast/slow); Texture (rough/smooth)

2) Finger play<gross motor<around the room

“Funga A La Feya”

5. Why Aren’t They Listening?

A. Listening is an acquired skill we MUST teach.

1) Basic to comprehension and following directions

2) Key to communication, information and understanding.

B. The Six “C’s” = Keys to Success: Comfort, Concentration, Curiosity, Creativity, Compassion and Confidence.

Bridges Program - story

Ear Candy - Small/large group activity. Pass around boxes with hidden objects and have participants try to guess what is inside the boxes. This can be a science experiment too!

6. Rhythm: The Key To Memory

A. Alzheimer’s; autistic children (1 in 150; boys 4x more likely to have autism, and it is on the rise)

B. Creating rhythmic patterns to teach and reach

“Hunk-Ta-Bunk-Ta BOO”– My first song; label; NAEYC conference; trademark; Sr. Center

7. Moving listeners

A. Find songs and stories that are lyrically AND rhythmically rich—even a bit of a stretch.

“Keemo Kyemo”

B. Orchestrate songs/story times with sound effects.

Somewhere in the World Right Now.

Small Group Activity. Have participants read a phrase from a book and choose an instrument to play along with that phrase.

C. Create green lights for them to DO what they hear-- with their WHOLE bodies.

1) Encourage representative movements

2) Help them find sounds and effects that work.

“Goodness Gracious Snakes Alive” -

A. Children can create their stories based on songs.

Story starter sample

B. Use songs to help develop vocabulary. **S=Snake**

C. Teach about pets – **Snake ties**

8. Encourage movement with objects.

A. Musical instruments or props can help develop hand-eye coordination, and adds a new layer for the body and brain.

“Oodles of Noodles”

B. Crossing the mid-line is essential.

1) Using costumes, movement and instruments engages children and adds more layers

“Huki Lau”

10. Shhhhhh. ALWAYS end sessions and prepare children to transition on quieter notes - Waltzes; Lullabies; Classical

A. Set the stage for this with a phrase or a sound first.

1) Train whistle, bell, whirligig, etc.

“Someday Baby”

•HOME MADE INSTRUMENTS/SOUND EFFECT IDEAS•

Containers (film canisters; eggs) with different things inside (rice, beans, beads, etc)

Bells (bells on cloth or chenille stems)

Global percussive instruments (gourds; cowbells; bean pods; gongs; hand drums)

Small paper/plastic plates with string through holes

Gong or pot lid with a spoon

Metronome

Bang sticks, bottles or tubes

Eggbeater

Keys on keychain

Kazoos

Whirligigs

Whisk broom or paintbrush stroked across cardboard, paper or other textures.

•LITERATURE/LANGUAGE LINKS•

1. "Grow, grow, grow. Go, Go, Go."

The Growing Story. Ruth Krauss.

Tyrannasaurus Drip. Julia Donaldson.

2. "Dark Dark Night"

There's a Nightmare in My Closet. Mercer Mayer

The Monster at the End of this Book. Jon Stone

Where the Wild Things Are. Maurice Sendak

3. "Funga A La Feya"

Halala Means Welcome: a book of Zulu words. Ken Wilson-Max.

Circle Unbroken. Margot Theis Raven and E.B. Lewis

4. "Hunk-Ta-Bunk-Ta BOO"

The Rhino With Glue-On Shoes: And Other Surprising True Stories of Zoo Vets and Their Patients, by editors Lucy Spelman and Ted Mashima.

5. "Keemo Kyemo"

Soap! Soap! Don't Forget the Soap, An Appalachian Folktale: Tom Birdseye.

The Tailypo. Retold by Joanna Galdone.

6. "Goodness Gracious Snakes Alive!"

Tia Culebra (Uncle Snake). Matthew Gollub and Leavigildo Martinez.

The Last Snake in Ireland. Sheila Macgill-Callahan, Will Hillenbrand.

A Watersnake's Year. Doris Gove

7. "Oodles of Noodles"

Stega Nona. Tomie DePaola.

It's Raining Pigs and Noodles. Jack Prelutsky.

8. "Huki Lau"

A is for Aloha. U'i Goldsberry.

We Love a Luau. Jodie Shepherd

9. "Someday Baby"

The Very Hungry Caterpillar. Eric Carle.

Where Butterflies Grow. Lynne Cherry